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American psychiatric association practice guidelines

The American Psychiatric Association's (APA) practice guidelines provide evidence-based recommendations for evaluating and treating psychiatric disorders. Practical recommendations are designed to assist in clinical decision-making by presenting systematically developed patient care strategies in a standardized format. In 2011, the ARA adopted a new process to develop guidelines to agree on recommendations from the Institute of Medicine published in March 2011. Steps in the development process include establishing transparency, managing conflicts of interest, creating working groups, using systematic evidence reviews, articulating and rating recommendations in guidelines, obtaining external review and updating. For more information on the new process and the list of current memberships of the AA Steering Committee on practice guidelines, please visit the American Psychiatric Association. From 1992 to 2010, APA developed and published 23 practical recommendations, including several second and third editions. Twelve guidelines are available in this section. The process used to develop these guidelines is described here. These guidelines are more than 5 years old and have not yet been updated to make sure they reflect current knowledge and practice. Under national standards, including the Health Research Agency and national quality guidelines, these guidelines can no longer be considered relevant. CME courses on the APA Education Online website are aimed at clinically applying guideline guidelines. Earn 5 to 8 hours of AMA PRA 1 credits per™ per course. APA makes free-to-air recommendations here to promote their distribution and use; however, copyright protection is applied in full. No part of these rules can be reproduced except as permitted by sections 107 and 108 of the U.S. Copyright Act. To obtain reuse permission, visit our Permissions and Licensing Center. Find clinical practice guidelines from the American Psychiatric Association. These official summaries of the guidelines are developed from American psychiatric association guidelines and are authors to support clinical decision-making at the point of care. The American Psychiatric Association (APA) has updated its Privacy Policy, including with new information specifically addressed to individuals in the European Economic Area. As described in the Privacy Policy, this website uses cookies, including to provide optimal online experiences and services tailored to your preferences. Please read the entire Privacy Policy. By closing this notice by reviewing this website, continuing to navigate or continuing to use APA websites, you acknowledge and accept the terms of the Privacy Policy, including Cookies. Accept Terms Contact APA Practice ARA Approved as a Policy of Various Professional Practices related criteria in areas such as multicultural practice, child custody assessment and treatment of gay, lesbian and bisexual clients. These guidelines practice psychological practice with a particular population (e.g., older adults) or in specific areas (e.g., paternity coordination) without focusing on specific disorders or treatments. Professional Practice Guidelines for Psychological Practice with Boys and Men (PDF, 444KB) Studies show that boys and men are at disproportionate risk to school discipline, academic challenges, health disparities and other quality of life issues. Men have higher rates of completed suicide and cardiovascular disease and are more likely to fall victim to violence. It is important that many men do not apply for mental health when they need it. These guidelines help psychologists directly harm the needs of men and boys and help them live happier, healthier lives. They include sections on culture and gender, and provide general guidance for psychologists on the knowledge, skills and awareness required today in psychological practice with boys and men. Learn more about this benchmark and its development. Recommendations on professional practice of psychological practice with girls and women (PDF, 497KB) These recommendations are aimed at assisting psychologists in providing gender-sensitive, culturally competent and appropriate psychological practices with girls and women throughout their lives. These recommendations provide guidance on raising awareness, knowledge and skills in psychological practice with girls and women. The guidelines touch on the strengths of girls and women, their intersectional identities, problems and life expectancy issues, and provide recommendations relevant to research, education, learning and healthcare. Professional practice guidelines for professionally mandated psychological assessments Psychological assessments often rely on employers, professional licensing boards and civil service commissions to make hiring and employment decisions affecting a large number of applicants, employees, organizations and the public at large. To promote best practices, these professional practice recommendations were designed to be used by psychologists who perform clinical assessments of individuals for professional purposes, whether the assessment is intended to obtain a job, achieve a license/certification or to support either. Recommendations on professional practice to integrate the role of work and career into psychological practice These recommendations are aimed at ensuring the justification and need to address professional behavior and the point of working in professional practice, reviewing issues of understanding professional behavior and development and the world of work, as well as recommendations for effective work and issues, as they interact with several aspects of human behavior and functioning. These recommendations are written for psychologists who work with clients clinical interventions related to work and career. They are not intended to provide areas of intervention with organizations and industries, but focus on clinical aspects of working with individuals. Guidelines for Psychological Practice with Transgender and Gender Non-Conforming People (PDF, 617KB) This document lays out 16 guidelines aimed at helping professionals better understand the development of living space, stigma, discrimination and barriers to caring for transgender and gender nonconforming people. It is primarily intended for psychologists who provide assistance, conduct research or engage in education or training, oriented to this population. But it can also be beneficial for those seeking a deeper understanding of transgender and gender nonconforming people. The Prevention guidelines in Psychology (PDF, 142KB) of the Affordable Care Act (2010) includes preventive services as a key component of overall healthcare. The legislation seeks to make health and prevention services affordable and affordable by requiring health plans to cover preventive services without copayments. These services include counseling on improving lifestyle habits, counseling to reduce depression and preventive services to promote healthy birth outcomes. The contributions and leadership of psychologists are crucial in the introduction of preventive focus in the healthcare system. The guidelines support prevention as an important area of practice, research and training of psychologists. The guidelines define best practices for psychologists engaged in preventive activities related to the interface between physical health and emotional well-being. Guidelines of telepsychology practice These recommendations are designed to address the developing field of psychological services, commonly known as telepsychology. Expanding the role of technology in providing psychological services and continuous development of new technologies that can be useful in the practice of psychology present unique opportunities, considerations and challenges of practice. With the advancement of technology and an increasing number of psychologists using technology in their practices, these guidelines have been prepared to nurture them and guide them. These guidelines were developed by the Joint Operational Council for the Development of Telepsychological Guidelines, which included representatives of the American Psychological Association (APA), the Association of State and Provincial Psychology Councils (ASPPB) and the APA Insurance Trust (APAIT). Specialty Guidelines of forensic psychology The goals of these recommendations are to improve the quality of forensic psychological services; strengthen practice and promote the systematic development of forensic psychology; to encourage a high level of quality in professional practice; and encourage judicial practitioners to recognize and respect the rights of those they serve. These recommendations for use by psychologists in the practice of forensic psychology, and can also provide recommendations on professional behavior to the legal system and other organizations and professions. Paternity Coordination Practice Guidelines These recommendations are designed to address a new area of practice known as Paternity Coordination. The complex and hybrid model of paternity coordination continues to be improved in professional discussions on the role, new statutes and judicial law, as well as judicial and local rules and regulations governing paternity coordination practices at the local jurisdictional level. These guidelines intend to provide the basis and direction for professional conduct and decision-making. While designed for psychologists, these guidelines may prove useful and relevant to other professions as well. Guidelines of psychological practice with older adults In recent years, the professional practice of psychology with adult cannibalism is growing, due to both demographic trends and changes in the market and settings for the provision of medical services. These guidelines inform psychological practice with older adults. Multicultural guidelines: environmental approach to context, identity and intersectorality, 2017 These guidelines provide psychologists with information and strategies for multicultural psychological practice. Guidelines for psychological assessment in child protection As the complexity of psychological practice and mutual involvement between psychologists and the public increases the need for guidelines for educating the profession, the public and other stakeholders on the desired professional practice in child protection continues to grow. Since psychologists can take on different roles and responsibilities in child protection issues, these recommendations were developed primarily for psychologists who carry out psychological assessments in such matters. Guidelines of psychological practice in medical care systems Psychologists practice an increasingly diverse range of systems for the provision of medical care. At the same time, the roles of psychologists in these conditions are expanding, and multidisciplinary cooperation in health-care is becoming commonplace. These recommendations are intended to help psychologists, other health care providers, administrators of medical care systems, and the public conceptualize the roles and responsibilities of psychologists in these diverse contexts. ARA Guidelines on Psychological Evaluation and Evaluation (PDF, 660KB) The purpose of the guidelines is to assist and inform psychologists of best practice when psychological tools, including psychometric tests and collateral information, are used as part of psychological assessment practices and/or assessments. As the discipline of psychology expanded, the use of psychological evaluation also developed in response to new areas of practice. Integrated primary care, online assessments and assessments, and global initiatives are examples of these new areas. Guidelines for Psychological Practice with Lesbians, Gay & Bisexual Clients These revised guidelines reflect many of the changes that have occurred in lesbian, gay and bisexual psychology. Existing topics have evolved, and literature has also expanded into new areas of interest for those working with lesbian, gay and bisexual clients. In addition, the quality of research data sets has improved significantly with the advent of population research. As a result, these guidelines provide psychologists (1) with a framework of reference to the treatment of lesbian, gay and bisexual clients; and, (2) basic information and further links in the areas of assessment, intervention, identity, relationships, diversity, education, training and research. Guidelines for assessing and interfering with persons with disabilities The purpose of these guidelines is to help psychologists conceptualize and implement more effective, fair and ethical psychological assessments and interventions with persons with disabilities. The guidelines provide suggestions for how psychologists can make their practices more accessible and sensitive to disability, and how they can improve their working relationships with customers with disabilities. In addition, the guidelines provide information on how psychologists can gain more education, training and experience with disability-related issues. Guidelines for assessing dementia and age-related cognitive changes. Guidelines for Psychological Practice for People on Low Income and Economic Marginalization The purpose of the Guidelines for Psychological Practice with Low-Income or Economically Marginalized Individuals (LIEM) is to assist psychologists in providing culturally literate care to those whose economic situation has adversely affected or limited their health and well-being. APA is in the process of developing clinical practice guidelines that provide specific treatment guidelines and clinical issues for specific disorders and conditions. Clinical Practice Guidelines for the Treatment of Post-Traumatic Stress Disorder Guideline recommends intervention for the treatment of adults with PTSD. The recommendations are based on a systematic review of evidence, weighing the benefits and harms of interventions, taking into account what is known about patients' values and preferences, and application. Clinical Practice Guidelines for Treating Obesity and Overweight in Children and Adolescents Guidelines intervention to treat overweight and obesity in children and adolescents aged 2-18 years. The recommendations are based on a systematic review of scientific evidence, weighing the benefits and harms of interventions, taking into account what is known about patients' values and preferences, and application. Clinical Practice Guidelines for Treating Depression Across Three Age Cohorts Guideline recommends interventions to treat depression in children, adolescents, adults and older adults. The recommendations are based on a systematic review of scientific evidence, weighing the benefits and harms of interventions, examining what is known about patients' values and preferences, and considering the application of evidence in demographic groups and settings. Control list of practice recommendation criteria (PDF, 19KB) This checklist is a companion to the criteria for developing and evaluating practice guidelines and can be used to evaluate guidelines that have been submitted for review and review for approval under Association Rule 30.8. Professional Practice Guidelines: Developer and User Guide (PDF, 179KB) This document is a guide to developing, evaluating and reviewing proposed and existing professional practice recommendations. It is designed to promote quality and consistency in developing professional practice guidelines and describing the criteria by which these guidelines are evaluated and reviewed. These criteria are designed to assist in the development of guidelines that generally apply to a number of practice areas but provide sufficient specifics to assist the practitioner in providing high-quality psychological services. The purpose of these criteria is to ensure pondering and care in the development of guidelines for professional practice. This document is intended for committees on the development of guidelines of professional practice, consisting entirely of psychologists and other efforts involving psychologists. Placing clinical practice Guidelines in the context of providing high quality, effective care that reduces symptoms and helps the patient return to a higher level of functioning is a common goal for patients and their families, practitioners, policymakers and administrators. But knowing what information to trust and prioritize is not easy, and synthesis of available research and identifying the desired care options can be tricky. Clinical practice guidelines are an important tool for guiding clinical decision-making and making it easier for patients to get the care they need. Criteria for evaluating treatment guidelines include a set of criteria to be used in evaluating treatment guidelines. Created by the Working Group of the Council on Professional Affairs. Treatment Criteria Checklist (PDF, 29KB) Checklist identifies elements that APA expects to find in a well-researched and well-written set of treatment recommendations. Contact APA Directorate of Directorate